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TRIUMPH LIFE

How to find your passion.

Here are some questions that will help you to think about and define what you really want your life to be like. Just print this out and jot down your thoughts at this time. Maybe you might want to answer them again in a few years to see if you are still on the same track.

1. What do you often think and dream about doing in your life? What do you like to read when you are not forced to do so by a homework assignment? Do you like fiction or non-fiction (real life stories and news? What topic do you like most in school?

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2. If you could change something in the world (even close to you in the city in which you live) what would you change?

3. What excites you? What would you love to do or accomplish in your life? Brainstorm, it is ok...just write what you feel.

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4. What would you do if you knew for sure you could not fail?

Nothing is impossible. Dream big!

5. What would you do if you were not limited by money? Is money a killer of your dreams? Innovate and work it out.

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6. What do you currently enjoy doing? What are the activities that make you feel that the time flies? What makes your heart sing? What activity do you do where you don't want to stop and eat? As you are practicing this sport, activity, passion do you not want to stop.

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7. What were the activities or tasks you were doing when you felt most empowered? Think about the jobs you have had...even around the house and yard... school, etc. What were you doing when you felt the happiest, most productive and eager to do what you were doing?

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8. What would you like to be acknowledged for so far in your life? What are the accomplishments (large or small) that you are proud of?

9. If you could only have one wish right now, what would it be?

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9. Who are the people you admire? Could be living or historical>
Would you like to be like them?

10. What kind of people do you like to hang with? What kind of people would you like in the future to be your friends or acquaintances? What kind of people would you like to work with?

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11. Do you take responsibility for what is happening to you? Look at the kind of person you are (no matter what your age) and where you are in life right now? Do you believe that you can create your future? You can!!

Only you can change your future and create the life you want to live....no one else. If you blame others and shift the responsibility away from you, you are looking for answers in the wrong place.

YOU CAN - "DO IT NOW!"

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Now that you have gone through these questions and answered the questions—have you defined more what you want to do in life?

Despite how long it may take, never give up.

God has promised us that we are all blessed with talents and gifts. Live each and everyday with vitality, vivaciousness, excitement in working daily on your passions, interests and your purpose! It will be fun and exciting.

YOU CAN - “DO IT NOW!”